

*Journey* CHURCH

# SPIRITUAL CHECKUP

WHEN OUR HEART IS RIGHT,  
OUR LIFE IS RIGHT!



## **Proverbs 4:23**

Above all else, guard your heart, for everything you do flows from it.



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*Journey* CHURCH

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## **The Secret to Spiritual Success**

If you call a repairman to your home to analyze a problem with your air conditioner, he usually brings a series of tools and a thick owner's manual and begins to go through a manufacturer's checklist, making sure that the unit is in mechanical order before he can discern the problem.

If there is something amiss within the unit, he aligns what is off and thereby solves the problem. If all is in order within the unit, he then checks outside sources for the cause of the problem so he can repair the air conditioner.

The same principle applies to the believer. Father God is our Creator—our Manufacturer, so to say. He knows how we were made and with what potentials. He knows what He put into each one of us to solve the problems that life brings. If He created us, then shouldn't there be a book of instructions that guides us through life and its obstacles? Yes, and that guidebook is called the Bible. Take note of what the

Manufacturer's Guide has to say about you:

When you are in the midst of the problem, it is vital to go through your spiritual checkup within the Manufacturer's Operating Manual to make sure you are not the source of the problem.

God presented Joshua a checklist as he was about to lead the children of Israel into their inheritance. It came down to three simple items: think, speak, and act on God's Word:

We will be using others verses, but this verse from Joshua has the true **Secrets to Spiritual Success**:

**Joshua 1:8 (NKJV)**

This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.

**IT'S NO WHAT GOD  
WANTS FROM US...**

**IT'S WHAT GOD  
WANTS FOR US**

**On each question, rate yourself 1-10**



## **#1 - Are you reading the Word of God?**

**Joshua 1:8** Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful. (It's all about the heart and what God wants for us.)

## **#2 - Are you standing in obedience on the promise? Joshua 1:8**

Hear the Word + Believe the Word (faith) + Obey the Word and have Peace, Power & Provision. Genesis 22:14, John 16:33

## **#3 - Are you proclaiming God's promises of faith? Joshua 1:8**

**2 Peter 1:3-4** as His divine power has given to us all things that pertain to life and godliness, (What He wants for us) through the knowledge of Him who called us by glory and virtue, by which have been given to us exceedingly great and precious promises, that through these you may be partakers of the divine nature, having escaped the corruption that is in the world through lust.

## **#4 - Have you repented of all known sin in your life? Isaiah 55:7**

**1 John 1:9-10** If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all



## On each question, rate yourself 1-10



unrighteousness. (What God wants for us...it's all about the heart...) If we say that we have not sinned, we make Him a liar, and His word is not in us.

### **#5 - Have forgiven everyone who may have offended you? Matthew 6:14-15**

**Romans 12:18-19** If it is possible, as much as depends on you, live peaceably with all men. Beloved, do not avenge yourselves, but rather give place to wrath; for it is written, "Vengeance is Mine, I will repay," says the Lord. (What God wants for us is for us to get out of the way)

### **#6 - Are you tithing (10%) on your first fruits? Matthew 6:21, Matthew 6:33-34**

**Proverbs 3:9** Honor the Lord with your possessions, and with the firstfruits of all your increase; (It's not what God wants from you, it's what god wants for you!) So your barns will be filled with plenty, and your vats will overflow with new wine

**Malachi 3:8-11** Will a man rob God? Yet you have robbed Me! But you say, 'In what way have we robbed you?' In tithes and offerings. (When we don't tithe god call's it robbing or stealing). You are under a curse—your whole nation. (God will get his one way or another... it's not what god wants from us, but what god wants for us.) Bring all the tithes into the storehouse, that there may be food in My house, and try Me now in this,

"Says the LORD of hosts, "If I will not open for you the windows of heaven and pour out for you **such blessing** that there will not be room enough to receive it. And I will **rebuke the devourer** for your sakes, so that he will not destroy the fruit of your ground, nor shall the vine fail to bear fruit for you in the field," says the LORD of hosts;

Most important... IT'S ALL ABOUT YOUR HEART!

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## **#7 - Have you asked God for what you need?**

**1 Timothy 5:5** The widow who is really in need and left all alone puts her hope in God and continues night and day to pray and to ask God for help.

**James 4:2b**

..... Yet you do not have because you do not ask.

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## **#8 - Do you trust God to take you through the problem and into your provision?**

**Psalms 78:7** That they might set their hope in God, and not forget the works of God, but keep his commandments;

**Proverbs 5:6** She gives no thought to the way of life; her paths wander aimlessly, but she does not know it.

**Psalms 50:15**

and call upon me in the day of trouble; I will **deliver you, and you will honor me.**" (What God wants for us)

## On each question, rate yourself 1-10



### **#9 - Are you praising Him while you are in the problem?**

**Exodus 15:2** "The Lord is my strength and my defense; he has become my salvation. He is my God, and I will praise him, my father's God, and I will exalt him.;

**Psalms 7:17** I will give thanks to the Lord because of his righteousness; I will sing the praises of the name of the Lord Most High.

### **#10 - Are you ready to let God choose what His best is for you?**

**Psalms 47:2-4** For the Lord Most High is awesome, the great King over all the earth. He subdued nations under us, peoples under our feet. He chose our inheritance for us, the pride of Jacob, whom he loved.;

**Joshua 24:15** But if serving the Lord seems undesirable to you, then choose for yourselves this day whom you will serve, whether the gods your ancestors served beyond the Euphrates, or the gods of the Amorites, in whose land you are living. But as for me and my household, we will serve the Lord."

**Psalms 47:2-4 (TEV)** The Lord, the Most High, is to be feared; he is a great king, ruling over all the world. He gave us victory over the peoples; he made us rule over the nations. He chose for us the land where we live, the proud possession of his people, whom he loves.



## #11 - Are you rebellious and a complainer?

**1 Samuel 15:23** For rebellion is like the sin of divination, and arrogance like the evil of idolatry. Because you have rejected the word of the Lord, he has rejected you as king."

**Deuteronomy 9:7** Remember and do not forget how you provoked the Lord your God to wrath in the wilderness. From the day you came out of the land of Egypt until you came to this place, you have been rebellious against the Lord.

**Psalms 106:7 (TEV)** Our ancestors in Egypt did not understand God's wonderful acts; they forgot the many times he showed them his love, and they rebelled against the Almighty at the Red Sea.

### **Exodus 16:2 (TEV)**

There in the desert they all complained to Moses and Aaron

## #12 - Are you reading and looking at things you should not?

**Matthew 6:22-23** "The lamp of the body is the eye. If therefore your eye is good, your whole body will be full of light. But if your eye is bad, your whole body will be full of darkness..."

**On each question, rate yourself 1-10**



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## **#13 - Have you learned to submit to those over you?**

**“Honor is given, Respect is earned.”**  
- Pastor James Greer

**1 Peter 2:17** Honor all people. Love the brotherhood. Fear God. Honor the king.

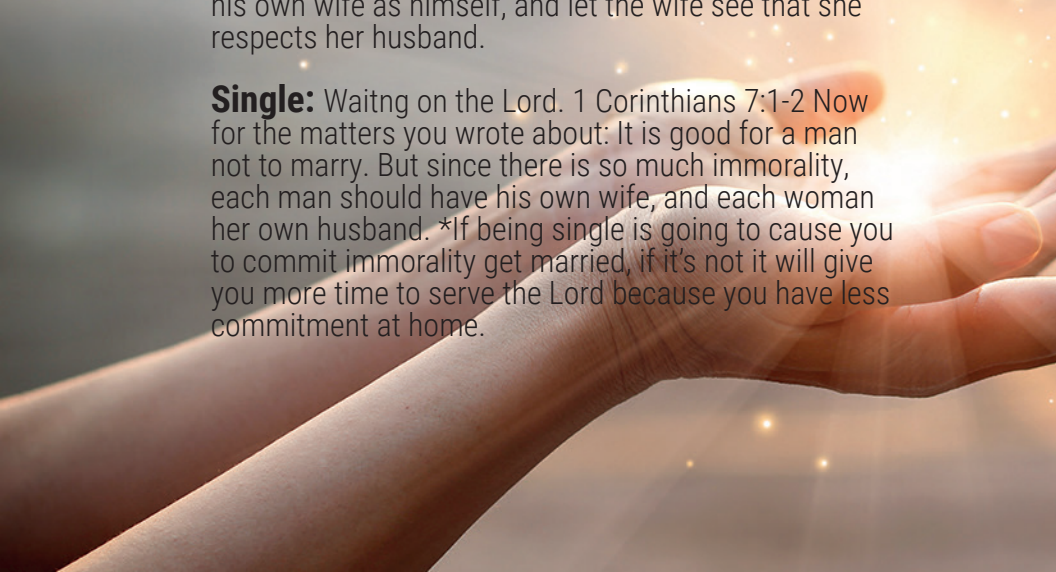
To honor and value is to treat as precious and special. When we don't have honor we have dishonor. When we have Dishonor we have Disorder.

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## **#14 - How are your relationships? How content are you in the state you are in?**

**Married:** Husbands: Are you loving your wife like Christ loved the Church? Wives: Are you showing respect and honor to your husband? Ephesians 5:33 Nevertheless let each one of you in particular so love his own wife as himself, and let the wife see that she respects her husband.

**Single:** Waiting on the Lord. 1 Corinthians 7:1-2 Now for the matters you wrote about: It is good for a man not to marry. But since there is so much immorality, each man should have his own wife, and each woman her own husband. \*If being single is going to cause you to commit immorality get married, if it's not it will give you more time to serve the Lord because you have less commitment at home.



**Divorced:** (God hates divorced Mal. 2:16), but this is writing to those who are already divorced: How content are you waiting on the Lord. 1 Corinthians 7:8-9 Now to the unmarried and the widows I say: It is good for them to stay unmarried, as I am. But if they cannot control themselves, they should marry, for it is better to marry than to burn with passion.

**Other:** Those who feel the desire of the same sex, but know it's not God's will or way. How content are you to live in Go's will and overcome that fleshly desire and pull?

## **#15 - Is there fruit in your life? (How's your fruit life?)**

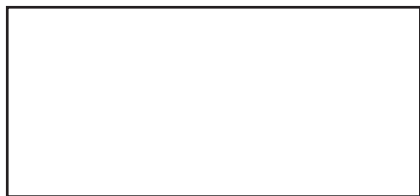
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**Matthew 7:18-20** A good tree cannot bear bad fruit, nor can a bad tree bear good fruit. Every tree that does not bear good fruit is cut down and thrown into the fire. Therefore by their fruits you will know them.





# TALLY YOUR SCORE

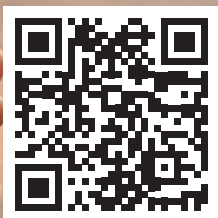


**Good:** 115+

**Fair:** 98-114

**Poor:** 97 and under

**Take your lowest scored area  
and work on it this week.**



## NEXT STEP

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# Spiritual Checkup Review

When you answer these questions, you can usually determine whether you are part of the problem. If so, God, through His Word or **His delegated authority** will direct you back on the right path. If you find that you're in alignment to God's Word, then you will know that the problem is not *within* but comes from *outside sources*. Therefore, put your trust in God, and wait on Him, knowing that He will deliver you from your problem and take you into your provision.

There is only one catch to your “**spiritual checklist**”—you must be honest and true before the Lord no matter what the cause or purpose.

## REMEMBER THIS TRUTH

The person going through the problem is the person next in line for the promotion. Joseph was in prison one day, and the next day he was prime minister of Egypt, living in the palace! He went from the pit to the palace! Your future is just as bright as the promises of God!

Remember every problem has a promise. Let's find that special promise for you and stand on it until God leads you into your promised land until the provision comes!



# **“Our Problem Can Never Be Greater Than Our Provider?”**

## **Action Steps to shorten your stay when in a problem:**

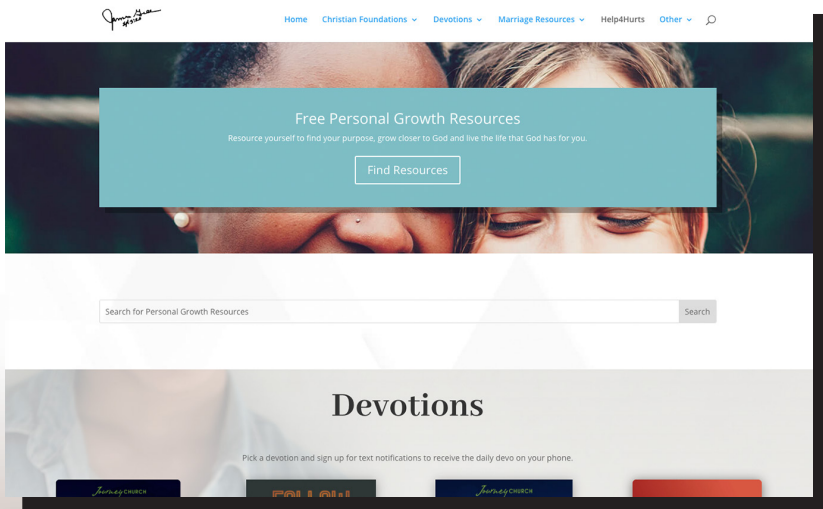
1. Acknowledge the problem.
2. Take responsibility.
3. Be willing to work.
4. When you are wrong, admit it.
5. Forgive.
6. Control your tongue.
7. Get off your pity pot.

## **Ephesians 3:20**

Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us,



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# Journey CHURCH



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