

*Journey*CHURCH

30 Days of
MARRIAGE
Prayers



Pastor James Greer
2900 Donahue Ferry Rd
Pineville, LA 71360
318-640-1273 | www.jcpineville.com

1. GOD'S PRESENCE

1 JOHN 4:12

"No one has ever seen God; if we love one another, God lives in us and his love is made complete in us."

Dear God, we thank You for the gift of marriage and for being the source of love. May our union be known by Your love. We pray that our actions toward each other would be an example of Your sacrifice and a result of Your presence. God, we give You permission to invade our home, take over our thoughts, and direct our paths. Be our strength when challenges come and remind us that it is the manifestation of Your Spirit that holds our union together. We ask that You give us the discipline we need to seek You daily and the boldness to live out Your plans. Abide in us. We rely on You and we are grateful for Your presence in our lives. We are fully dependent on Your presence and desire for our lives to be the evidence of Your love.





2. UNITY

EPHESIANS 4:2-3

"...with all humility and gentleness, with patience, bearing with one another in love, eager to maintain the unity of the Spirit in the bond of peace."

Dear God, we pray that we would be eager to maintain unity in our home. Teach us to bear with each other in love in every circumstance we face. Thank You that in every decision and situation we have Your Word as our guide. In areas where the enemy would try to divide us, our finances, our careers, our time, our priorities, we pray that we seek Your will above our personal requests. Replace selfishness with humility, resentment with compassion, anger with gentleness, and conflict with peace. Make us one, Lord, in every area and in every decision. We submit our agenda for Your greater purpose. We let down our guard, surrender our desires and rely on Your strength to bind us together for Your eternal glory. Let our union exude Your presence and grow in us as a testimony of Your faithfulness.



3. FORGIVENESS

MATTHEW 6:14-15

"For if you forgive others their trespasses, your heavenly Father will also forgive you, but if you do not forgive others their trespasses, neither will your Father forgive your trespasses."

Lord, though we fail You over and over again You are patient, gentle, and kind toward us. Thank You for Your faithful hand that leads us back to Your love and Your forgiveness and compassion that never runs out. May we live as a reflection of You, that may we deal with each other and those around us with compassion and gentleness. Teach us to forgive those around us like You have forgiven us. Help us to not allow resentment to build or unforgiveness to linger. Help us to extend grace and walk in humility as we acknowledge our need for Your constant flow of it in our lives. Help us to be a source of encouragement and replace condemnation with love and forgiveness.



4. CONFLICT

PROVERBS 17:14

"The beginning of strife is like letting out water, so quit before the quarrel breaks out."

Lord, You are holy. Thank You for the ever so gentle way that You deal with us. Give us the strength and self-control we need to show that same gentleness to each other. We know that You do not operate in chaos and confusion. Forgive us when we allow strife, bitterness, and worry to take root in our home and in our hearts. Teach us to control our temper, and bring our attitudes under Your submission. Your Word tells us that there is power in our tongues, so we give You control over our unspoken and spoken words. God we ask that You replace quarreling with compassion and resentment with joy. We are fully aware that arguments and dissension serve as distractions for the enemy to use to prevent us from resting in Your unending peace. At times when we desire to handle it ourselves, we ask that Your Holy Spirit would remind us to leave our conflict at Your feet and seek You for resolve. Help us to bring every area of concern to You so that we can move forward in love.

5. OVERCOME THE ENEMY

ECCLESIASTES 4:12

“And though a man might prevail against one who is alone, two will withstand him—a threefold cord is not quickly broken.”

Lord Jesus, the enemy wants nothing more than to slowly erode the strength of our union. He would love to divide us over our differences, our perceived weaknesses in each other, and even our varying interests. He wants us to slowly pull away from each other in these things and grow division between us, knowing that if we are unaware of this slow decay, then he will get us far enough apart that we will lose hope. But we give You access and authority into these areas in our life and we ask that Your grace be the bridge for any divide in our marriage that already exists and that Your perfect love would bind us together in peace. We invite Your presence into our home and pray that it produces the type of harmony that results in oneness of purpose. May we be one together and one with You as we submit to Your purpose for our marriage. We give You thanks in advance for the peace that will exist in our marriage, even in the changing circumstances.



6. SEEK HIM FIRST

MATTHEW 6:33

"Seek first the kingdom of God and his righteousness, and all these things will be added to you."

Father, You have told us clearly in Your Word that some things are more important than others. And next to our relationship with You, our marriage comes second. Help us to seek You first in all things, aligning our lives and marriage covenant under You. Then help us to make our commitment to each other the most important thing that we seek. We pray that we would be on the same page about every decision that we make. We pray that we would not step out of line with Your plan for our lives and that when we do, You would right our path. We ask that You give us supernatural wisdom to pass on activities and commitments that lead us away from Your kingdom agenda and that we would seek your counsel first, not looking to the opinion of others before we have clarity from You. Thank You for Your promise that we will benefit by putting You first. Help our walk to match our talk.



7. DISCERNMENT

PHILIPPIANS 1:9-10

"It is my prayer that your love may abound more and more, with knowledge and all discernment, so that you may approve what is excellent, and so be pure and blameless for the day of Christ."

Lord Jesus, there are many different people and ideas that would like to shape our decisions, actions, and thoughts as a couple, but we ask that we would be able to hear and receive directly from You and Your Word. We recognize that all truth comes from You and that anything that doesn't come from You is error. We ask that You would give us the discernment to know right from wrong, good from bad, and even Your plan from our plan, if the two don't line up. Lord, give us the patience and wisdom to carefully examine every decision and judgment we have to make, submitting each to You knowing that You are the final authority. We commit to doing this in every area of our life and ask You to expose the areas that we haven't given to You to guide, direct, and change, if necessary. Lord, give us one mind in You that we might live consistently under the authority of Your kingdom agenda.



8. OUR JOURNEY

JEREMIAH 29:11

“For I know the plans I have for you, declares the LORD, plans for welfare and not for evil, to give you a future and a hope.”

Father, thank You for reminding us in Your Word that Your plan for our marriage is always for our good. Our marriage covenant is one that You look upon with great joy as a recognized relationship of honor in Your kingdom. As such, You have committed to prosper it and to give it a lasting future filled with hope. In the tough times that we have seen and the ones that are to come help us to remember that You are good and that what we see is not all that is to be seen. Help us to know beyond our natural sight that You are working even in the darkest of times. Help us to keep our eyes and minds on You, knowing that our hope doesn't come from our circumstances, but in the promises You have made. May our lives and our marriage be filled with joyful expectation of all that is to come through our union to each other as we seek Your face and Your grace on this journey. In the lowest of valleys and the highest of peaks may our marriage be marked by an unwavering commitment and a steadiness that comes from trusting You.



9. USE US

JOHN 15:16

"You did not choose me, but I chose you and appointed you that you should go and bear fruit and that your fruit should abide, so that whatever you ask the Father in my name, he may give it to you."

Lord Jesus, help us to abide in You individually and to immerse our marriage in Your Word. Use our relationship for Your glory and for our good. We are grateful that You have chosen to love us and that You thought it right to bring us together for Your purposes. Help us to spend time together with You, abiding and hanging out in Your Word on a regular basis, that we would grow richness in our marriage that would be irresistible to those around us. Grow our union into a tree of life that would give others nourishment and delight that can only come from You and points back to You as its source. We pray for all those who are touched by our marriage, that in Your grace You would use us to leave a lasting impression on them and that ultimately they would grow in relationship with You because of the fruit of Your spirit in our lives. Open our eyes to see the opportunity You have given us to extend Your grace and mercy. May we never miss an opportunity to offer the hope and sustenance that is found in Your love.



10. PRAYER AGAINST INSECURITY

PHILIPPIANS 4:6-9

“Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. What you have learned and received and heard and seen in me— practice these things, and the God of peace will be with you.”

Lord Jesus, the enemy wants nothing more than to create insecurities in our marriage. He wants to break down our trust and he wants to create doubt in our minds about our love and commitment to each other. He wants to erode our confidence in each other, making us feel weak and alone. But Father, we do not stand confident in our own ability to love or even with total dependence on each other. We stand confident and sure in Your love and in the peace that You give. Jesus, we commit ourselves to praying against any insecurity that we have and release it to You. We release each other to You for You to correct and deal with our hearts and we will stay out of Your way. We are not secure in each other. We are secure in You and we commit our minds to thinking about things that bring us joy and You honor and glory. Thank You, Lord, for the peace that You give when we place our complete confidence in You and in Your Word.



11. INTIMACY

GENESIS 2:24

"Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh."

Lord Jesus, we thank You that You have given us to each other in marriage and we pray that Your plan for us to be one flesh would be expressed in every area of life. Starting with our vows and commitments to each other, we pray for purity. We pray that we would honor each other completely and that we would put each other's needs in front of our own. Lord, grow a trust relationship between us that would be unbreakable. We pray that when others look at us they would see You in us and a closeness in our union that doesn't come from the world. Reveal any false intimacy in our relationship and replace it with exactly what You had in mind when You created us for each other. [Husband] Father, help me to love my wife like You love me and to give up even my life if You call me to do so. Until then, help me to die to any selfish way that would keep my wife from trusting and following me as I follow You. [Wife] Lord, help me to respect my husband and trust that he has the good of our family in mind with every decision he makes. Help me to follow him as he follows You. Make us one as You are one.

12. SPEAK TO US

LUKE 11:28

"He said, 'Blessed rather are those who hear the word of God and keep it!'"

Father, we desire to hear Your voice and to follow Your ways. We pray that You would speak to us so that Your will, will be done through us. We seek You wholeheartedly, selflessly, and continually. Help us to recognize Your voice at all times and give us the courage we need to act on Your behalf. The busyness of life can get loud and there are distractions all around us. We know that it is the goal of the enemy to tempt us with the temporary pleasures of this world. Help us to stand together under You. Give us wisdom to know when to quiet the noise around us in order to hear You clearly. Grant us the patience to wait for You to speak when we are seeking Your voice. Help us to be confident as You guide our actions. Teach us to abide in Your presence, and most of all teach us to rest in the security of Your promises.



13. FINANCES

HEBREWS 13:5

“Keep your life free from love of money, and be content with what you have, for he has said, ‘I will never leave you nor forsake you.’”

Lord we seek to put You first in every area of our lives, including our finances. We are grateful for Your provision and the resources You have blessed us with. We ask that You use our finances as a source to bring us closer to You and not as a means of dissention or conflict. Help us to be of one mind with what we spend, how we save and how we give according to Your commands and desires. We do not cherish the treasures of this world but we seek Your eternal blessings. Help us not to rely on Your resources but to trust You as our only Source. Your Word tells us that You will supply all of our needs and we trust You for provision even when we do not see it. Help us to be content and faithful with our finances. We relinquish our control and selfish desires and come together under Your authority. Use everything that we have for Your kingdom.





14. OUR WORDS

PROVERBS 18:21

"Death and life are in the power of the tongue, and those who love it will eat its fruits."

Lord, we are completely humbled when we think about the grandness of Your kingdom and the gifts You have chosen to give us. Of all the ways You could have given us to communicate, You chose to give man words. We are especially grateful for this gift. Unfortunately, we acknowledge that we do not always treat our words as a gift and we are well aware of the damage our tongues can cause. Your Word tells us that our words are powerful and that our tongues have the ability to give life or to destroy it. Teach us to use our words to give life. Help us to keep quiet when we need to and to speak in love and gentleness when necessary. We desire that every part of our bodies be used as a vessel for Your glory and a testimony of Your goodness. Forgive us when we do not honor You with the things we say. We pray that You make our words gracious like a honeycomb that brings sweetness to the soul and health to the body. (*Proverbs 16:24*)

15. FRIENDSHIPS

PROVERBS 27:17

"Iron sharpens iron, and one man sharpens another."

Lord we thank You for our friendship. We are so grateful to have each other to enjoy and share life with. I pray that we never take our bond for granted. We ask that You protect our union. We also ask that You would surround us with others who are seeking to build Your kingdom. We know that iron sharpens iron and we ask that You bring friends into our lives who will challenge us to grow, boldly speak truth into our lives, and seek Your wisdom on our behalf. Grant us the opportunities to serve others in this same way. We know that friendship is a gift and we ask that You help us to nurture, cherish, and protect those that You place in our paths.



16. SPIRITUAL GROWTH

COLOSSIANS 1:9-10

"From the day we heard, we have not ceased to pray for you, asking that you may be filled with the knowledge of his will in all spiritual wisdom and understanding, so as to walk in a manner worthy of the Lord, fully pleasing to him, bearing fruit in every good work and increasing in the knowledge of God."

Heavenly Father, thank You that You have opened our eyes to see Your majesty and glory. We praise You for choosing us to be a part of Your kingdom family. We pray that You would continue to reveal Yourself to us in the fullness of Your grace and mercy. Help us to be likeminded in our pursuit of You, that we might, together, grasp the width, length, and height of Your love for us individually and within our marriage. We seek You for wisdom in our daily lives, turning to You in every decision, great or small. We ask that You would help us to live in a way that is consistent with Your Word and the calling You have for our lives. May we please You in all that we do, always seeking what delights You, putting our desires to the side if they don't agree. And finally, as we grow in our affection and love for You, may all that we do bring about Your goodness and glory in the lives of others around us, that we would be conduits of Your truth and love to a culture around us that knows nothing of Your goodness.

17. LEGACY

PSALM 128

"Blessed is everyone who fears the LORD, who walks in his ways! You shall eat the fruit of the labor of your hands; you shall be blessed, and it shall be well with you.

Your wife will be like a fruitful vine within your house; your children will be like olive shoots around your table. Behold, thus shall the man be blessed who fears the Lord. The Lord bless you from Zion! May you see the prosperity of Jerusalem all the days of your life! May you see your children's children! Peace be upon Israel!"

Lord, thank You for the blessing and prosperity that are ours as we submit to You and as we walk like You would have us walk in our marriage. I pray that we would live every day in light of Your presence, knowing that keeping our eyes on You is the foundation of all that we are building together. May we always remember that our marriage is not just about us, but about what You are building and Your kingdom purposes. As we follow You, and as You pass down Your heavenly blessings to us, may we bless all those we touch. May all those in our household be fruitful, as an expression of Your Spirit living through us, that all who would come into contact with us benefit from our lives. Visit our home with Your blessings and prosperity that we might be conduits through which You bless others.

18. THANKFUL

1 THESSALONIANS 5:18

“Give thanks in all circumstances; for this is the will of God in Christ Jesus for you.”

Lord, we want to take time to say thank You. We are grateful for who You are and how Your presence has given us life. No matter what our circumstances look like from day to day, we give You thanks. To say that we are nothing without You is an understatement. We are less than that. Yet, despite our nature, You choose to invade our lives and you seek to be one with us. You choose to bless us and You choose to love us—thank You. Thank You for not allowing our sin to hold us hostage. Thank You for freedom from bondage and thank You that there is no shame. You start us afresh and grant us new mercies. Thank You that we do not have to work for Your love, but that You choose to love us freely. Thank You for Your protection, forgiveness, and unconditional love. Thank You for life. Help us to not take any good that we have for granted because we know that You are the only good in us.





19. PROTECTION

1 PETER 5:8-9

"Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. Resist him, firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world."

Father, the enemy wants nothing more than to take our marriage down and stop the plans that You have for us. He knows that You want to use us for Your purposes in history and he wants to steal our joy. But we pray that You would protect us from the evil one and that You would cover our home and our relationship. In the good and the bad, in the ups and downs, we pray for security in You. We pray that You would even protect us from the harm that we could possibly do to ourselves knowingly or unknowingly. Help us to resist the enemy. Help us to stand strong in our faith. Make us steadfast in our pursuit of You and in pursuit of Your will. Be our shield, Lord Jesus, when Satan attacks and be our refuge when we don't know where to turn. We place our full faith and confidence in You and Your love. We recognize that we will only find what we are looking for in You and we commit our lives to You.

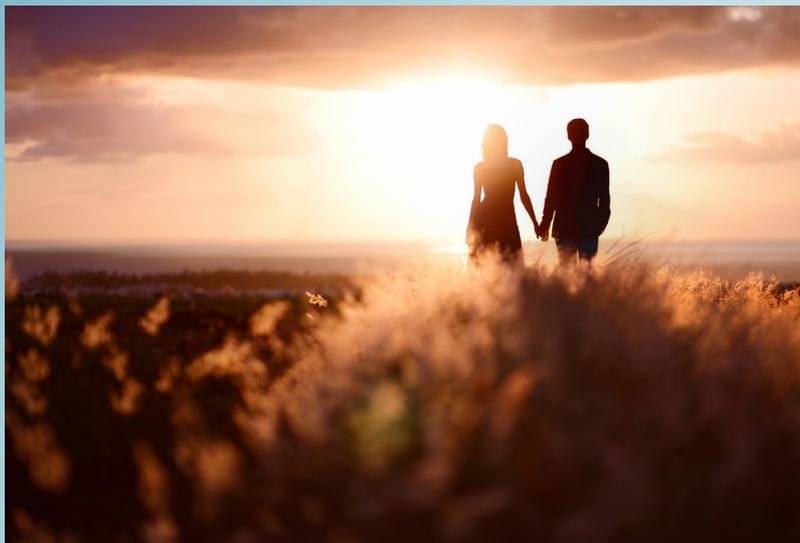
20. BEING VULNERABLE WITH EACH OTHER

1 JOHN 4:18

"There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love."

Lord Jesus, You are love and Your love is flawless. You are our example of how to love and look beyond fault. You knew our sin fully, but did not hold it against us, allowing us to live free from fear because Your love is perfect. Lord, though our love will never be perfect, we ask that You would grow us in our ability to love each other in a way that would create a safe environment for us to be known and to be free from fear of judgment or resentment from each other that the enemy would love to create. Bind us together in Your perfect love and give us a supernatural ability to live openly before each other and before You. Thank You, Lord, for the freedom You will give us in our marriage as we commit to knowing each other fully and loving just the same.





21. OBEDIENCE

JOHN 14:15

"If you love me, you will keep my commandments."

Lord, thank You for Your Word that clearly outlines what You expect from us—Your children. We love You and it is our heart's desire to obey Your commands. We know that in our own power it is impossible to please You, so we ask that Your Holy Spirit will give us the strength and discipline we need in order to live in full obedience of Your Word. Help us to live for You not simply with our hearts but through our actions. Teach us to obey immediately, fully, and without hesitation. We thank You for the gentle way that You guide us and lead us and we pray that our lives will be a testimony of our love for You.

22. FOR OUR LEADERSHIP

GENESIS 18:19

"For I have chosen him, that he may command his children and his household after him to keep the way of the LORD by doing righteousness and justice, so that the Lord may bring to Abraham what he has promised him."

Jesus, thank You so much for bringing us together and for the promise that You will grow us and prosper us as we live in You. We commit our way to You and will make it our family's purpose to be a blessing to those we touch, starting with those in our home, and on to our neighbors and community. Lord, give us wisdom in our leadership. Teach us to be compassionate and gracious leaders of those that we have responsibility to shepherd. Give us diligence in our leadership. We are relying on You for the strength and the endurance to be consistent in how we exercise our authority. Most of all, continue to shape our hearts, that we might manage our home and areas of responsibility with love for those we are serving and overseeing. May we lead by example in serving, kindness, generosity, and fairness.



23. FOR DIVINE DIRECTION

GENESIS 12:1

"Now the LORD said to Abram, 'Go from your country and your kindred and your father's house to the land that I will show you.'"

Father, thank You for the promise that we have in Your Word that You will lead and guide us and that You will continually take us to the destination that You have in mind for us. You have always led Your people and we pray, as Your people, that You would lead us toward that place. Lord, give us the mind of Christ that we might think like You think and that decisions will lead us toward Your will. Knowing that we will fail, we ask that Your grace will guide us even in our bad decisions. Order our steps and show us when to go one way or the other. And finally, use all of our circumstances, the good, the bad, and the ugly, for our best and Your great purposes in history. Lord, we are waiting on You and trusting in Your plan through Your power or Your purpose today and forever.



Health

24. FOR OUR HEALTH

3 JOHN 1: 2

"Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul."

Lord, thank You that You care about our whole beings; body, mind, and spirit. We pray that we would live lives and have a marriage of balance, seeking to be spiritually healthy, first, which will lead to stronger mental and physical health. We pray that we would challenge each other to live healthy spiritual lives individually and that our relationship with You would drive each of us closer to You and into a more intimate walk with Jesus. We pray that we would sharpen each other mentally and that our activities and thought lives would lead to a stronger mental state to better discern and react to our environment around us. And lastly we pray that we would honor our physical bodies, for each other and for our best service to You. Lord, may Your grace make up the difference where we lack health and may You multiply our health for Your glory and our good.

25. A PLACE OF REFUGE

PSALM 46:1-3

*"God is our refuge and strength,
a very present help in trouble."*

Lord, Your Word tells us that You are our refuge in times of trouble. God, trouble surrounds us, and it is our prayer that our home would become a place of refuge and safety in a lost and chaotic world. Satan is doing everything he can to prevent people from experiencing Your Love and the peace and joy that knowing You brings. Help us to open our doors selflessly and our hearts willingly to those who need to feel the security that comes from knowing You. Many of our friends, neighbors, and family are lost, burdened, and broken, and we ask that You use us and our home as a vessel to speak Your truth into their lives. Give us practical ways to serve and meet the needs of others, and may You shine through our actions. We seek You for strength and courage as we speak boldly to those You place before us and we thank You for the testimony of our union. May others find Your peace and rest in our home.



26. SUBMISSION

JAMES 4:7

*“Submit yourselves therefore to God.
Resist the devil, and he will flee from you.”*

God, it is our heart's desire to submit our lives to You. We come seeking You for wisdom and asking for Your guidance. We know that it is impossible without Your help. Teach us what it looks like to personally die to ourselves daily in order to walk in full submission to You. We know that we cannot resist the traps and tricks of the enemy without You. So we ask that You draw us into Your presence. We long to know You and to obey Your Word. Trusting that what You have for us is beyond anything we could ever imagine or earn, we surrender our will to Your way. We bring every area of our lives under Your authority and acknowledge You as Lord over our lives and all of creation.



27. UNCONDITIONAL LOVE

1 CORINTHIANS 13:7

“Love bears all things, believes all things, hopes all things, endures all things.”

Father, thank You for giving us a true picture of what love looks like. Help us to take whatever preconceived or worldly definitions of love that we have and replace them with the truth of Your Word and true unconditional love in our marriage. We pray that our love would be patient with each other and slow to give up. Help us to be kind to each other, never lacking in compassion. We pray that our love would be good willed and always humble before each other. Help us to always speak highly of each other in private and in public. May Your grace in our lives cause us to be slow to take offense and quick to forgive with each opportunity. Lord, we pray that we would be each other's greatest shield, always defending each other from other people or situations that would attempt to cause us harm. And may we have an eternal optimism in regards to our relationship and Your intent and purpose for bringing us together. Lord, bless our marriage. May it never fail, and may Your name be made great through it.



28. OUR PERSPECTIVE

EPHESIANS 5:1-2

“Be imitators of God, as beloved children. And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.”

Lord Jesus, thank You for Your life and what it means for our marriage. We pray that it may be a constant reminder of Your sacrifice, love, and duty and that we follow You fully in the pursuit of Christlike love. May we follow You in giving up our desires for the sake of each other. Help us to put aside personal wants and demands that get in the way of our oneness. Help us to die to these things, knowing that life will be produced in our marriage as a result. May we love selflessly, recklessly, and without reserve, looking at Your life as a model of perfect love for us. Though we aren't perfect, we pray that Your grace would fill in the gaps and that our ability to express true love would grow increasingly. And may we be obedient to the calling You have placed on our marriage. You willingly went to the cross, giving all that You had for our benefit. Help us day by day and step by step to do the same in our pursuit of intimate relationship, that we might experience the delight and joy of knowing that we are both fully committed and that our love is here to stay.

29. GIFTS

1 PETER 4:10

"As each has received a gift, use it to serve one another, as good stewards of God's varied grace."

God, thank You for Your gifts and talents. You have blessed each of us with the talents needed to accomplish Your will, and more and more we realize just how uniquely designed we are as individuals. Your Word compares our lives as followers of You as individual parts of the same body. You created us for one purpose with a plan. The two of us are so distinctly different, yet when we come under Your authority those differences do not serve as hindrances but rather gifts to complement each other. Where one of us lacks, You have purposely given strength and direction to the other. God, we pray that You will teach us to function as one body. Help us to try to accomplish tasks that we were not created to do alone. Help us to find joy in working together and give us the grace to follow You.





30. OUR TIME

EPHESIANS 5:16-17

"...making the best use of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is."

Lord, with each passing day we realize how precious and just how limited our time is. It is so easy for us to use it selfishly and foolishly, taking it for granted and treating it as if it were our own. We acknowledge that it is not. The time we have is a gift from You. Help us to steward it well and to give each moment we have back to You. Teach us to not base our actions on the limits of today and tomorrow but to live in light of eternity. We want to focus on the plans and purposes You have for Your people and specific roles and responsibilities You have planned for us to do. Reveal Your perfect will and help us to keep our focus on that which brings You glory.



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